

# Spiritual Growth

What, Why & How?

# What is Man?

“the LORD God formed the man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.” Gen.2:7

- Spirit
- Soul
- Body

Man grows Spiritually-Develops nature of God.

# Areas in which Man can grow

- Physical -Food & Exercise
- Intellectual -Education & Learning
- Spiritual -Spiritual Food & Spiritual Exercise  
(Visible & Invisible)

Ephesians 2:1 “Men are dead in sin”

For Growth Man has to be alive Spiritually-Born  
Again (John 3:3)

Hunger & Thirst is needed.

Child Birth Process

# 5 Basic Senses

- See
- Hear
- Smell
- Taste
- Touch

Intellectual Senses-Learn Memorize, rationalize etc

Spiritual Senses-Love, Peace, Joy etc.

# What is Spiritual Growth?

Gal. 4:19

“My dear children, for whom I am again in the pains of childbirth until Christ is formed in you“

**We are still children**

Spiritual growth is Christ within us growing or fully formed or developed. Becoming Christ like or attaining the stature and fullness of Him.

# A. Becoming Christ Like

Put off the Old Man and to put on Christ.

We must decrease and Christ must increase.

1. **In authority and power-** Not just believe (Math10:1,Luke 10:19,Mark:16:17-18,Acts 1:8)
2. **In wisdom and knowledge-** (Ps:25:14,John 8:32, Mathew 13:11)
3. **In character and Nature-** (Romans 12:3)
4. **In works and Deeds -** Ex. Healing Power (Acts 10:38)

# B. Becoming Sons of God

Jesus, Son of God became Son of Men so that son of Men could become Sons of God.

Spiritual Growth is the process through which the sons of Men become the sons of God.

1. By having father-son relationship with God.
2. By becoming the heirs of God.
3. By reigning and ruling with God.
4. By enjoying the fellowship with God.

# C. Bearing the Fruits of Spirit

Gal. 5:22-23

Not fruit – Not Christian – No Growth

1. Love
2. Joy
3. Peace
4. Long suffering
5. Gentleness
6. Goodness
7. Faith
8. Meekness
9. Temperance

# D. Exercising the Gifts of the Holy Spirit

1 Cor. 12      9 Gifts

Spiritual Growth- Spiritual mind, interested in Spiritual gifts

- Word of Wisdom
- Word of Knowledge
- Faith
- Gift of healing
- Working of Miracles
- Prophecy
- Discerning the spirits
- Diverse kinds of Tongues
- Interpretation of Tongues

# E. Doing the works of Christ

Not only for Apostles, Prophets etc.

“I tell you the truth, anyone who has faith in me will do what I have been doing. *He will do even greater things* than these, because I am going to the Father. “ John 14:12

1. Preaching the Gospel
2. Teaching the word of God
3. Healing the sick
4. Casting out the devils
5. Doing good works
6. Destroying the works of the devil
7. Extending the Kingdom of God
8. Doing the will of the father
9. Setting the captives free
10. Performing Miracles

# F. Becoming Disciples of Christ

1<sup>st</sup> Century- Christians were Disciples of Christ

Today – Disciples out of Christians

Disciple- Learner, Apprentice, follower, one who imitates,  
Hero worships etc.

Discipleship is the process of training and developing  
young Christians into mature Christians.

12 Evangelist -1,00,000 souls- 3 Months=>7.5 yrs-36 million

12 Disciples -1 Disciple - 3 Months=>7.5 yrs-6 billion Disciples

**Mature Christians=> Not winning souls but make disciples**

# G. Becoming Fishers of Men

- Not winning souls means not grown
- One should be spiritually strong to influence others.

=>How

1. Desire
2. Work
3. Training
4. Goal

# H. Operating on the Supernatural Power of God

Spiritual which is unseen created all the physical things which can be seen.

Source:-

1. Prayer
2. Fasting
3. Fasting
4. Praise
5. Name of Jesus
6. Blood of Jesus
7. Holy Spirit

## Supernatural Life in Physical body

# Why Should we grow Spiritually?

- A. To fulfill God's Plan and will.
- B. To realize one's full Potential
- C. To have Fulfillment in Life
- D. To do works of Christ
- E. To obey the commandments of God- Spiritual growth is not an option
- F. To live a Supernatural Life
- G. To Live an overcoming and a victorious life
- H. To live a better physical and Intellectual Life
- I. To fully utilize all the creative abilities
- J. To reign and rule with Christ

# How can we grow Spiritually?

Some grow but others Not

- A. By getting Spiritual Food
- B. By doing Spiritual Exercises
- C. By getting trained by a Leader
- D. By gaining greater knowledge of the Spiritual Qualities
- E. By desiring Spiritual Growth
- F. By Identifying the specific Areas of Growth
- G. By making a decision to grow Spiritually
- H. By believing in spiritual Growth
- I. By following a definite Plan
- J. By evaluating and controlling the Progress

# Spiritual Growth Progression Chat

1. Salvation
2. Water Baptism
3. Baptism of the Holy Spirit
4. Church Membership
5. Tithing
6. Attending all church programs
7. Serving the church
8. Discipleship Training
9. Soul Brining
10. Being a good witness
11. Soul Winning
12. Bearing the fruit of Spirit
13. Doing the works of Christ
14. Leadership Training
15. Teaching Sunday class
16. Preaching and Counseling
17. Serving as an elder
18. Ministry Training
19. Preaching
20. Assistant Pastor
21. Evangelist
22. Missionary
23. World Evangelist
24. Apostle/World Christian Leader

# Spiritual Growth Spiritual Dimensions

1. Love
2. Faith
3. Joy
4. Long suffering
5. Gentleness
6. Goodness
7. Faith
8. Meekness
9. Temperance
10. Forgiving
11. Giving
12. Sacrifice
13. Prayer
14. Worship
15. Gifts of the Holy Spirit
16. Meditation of the word of God
17. Knowledge of the word of God
18. Power of God
19. Wisdom of God
20. Holiness